

## **COUNTY OF CUMBRIA**

### **EDUCATION SERVICES**

#### Support Services for Visually Impaired Pupils

Tim Bradbury

Senior Specialist Advisory Teacher for Visually Impaired (North Cumbria)

Cumbria Education Service

Specialist Teacher Service

Richmond Centre

Wigton Road

CARLISLE, CA2 6LA

Telephone 01228 226955

Email [tim.bradbury@cumbriacc.gov.uk](mailto:tim.bradbury@cumbriacc.gov.uk)

Keith Knox

Teacher for Visually Impaired (East Cumbria)

Cumbria Education Service

Specialist Teacher Service

Richmond Centre

Wigton Road

CARLISLE, CA2 6LA

Telephone 01228 226955

Email [keith.knox@cumbriacc.gov.uk](mailto:keith.knox@cumbriacc.gov.uk)

Heather Thomas

Teacher for Visually Impaired (West Cumbria)

Specialist Teacher Service

Melbrake House

Main Street

HENSINGHAM, CA28 8TH

Telephone 01946 595871

Email [heather.thomas@cumbriacc.gov.uk](mailto:heather.thomas@cumbriacc.gov.uk)

## **COUNTY OF CUMBRIA**

### **EDUCATION SERVICES**

Sue Shuttleworth  
Teacher for Visually Impaired (South Cumbria)  
Specialist Teacher Service  
Priory Grove  
Friars Lane  
BARROW IN FURNESS, LA13 9NP  
Telephone 01229 407458  
Email [sue.shuttleworth@cumbriacc.gov.uk](mailto:sue.shuttleworth@cumbriacc.gov.uk)

### **Further Education**

Carlisle College  
Victoria Place  
Carlisle, CA1 1HS  
Telephone 01228 822703

Lakes College West Cumbria  
Hallwood Road  
Lillyhall Business Park  
Lillyhall  
WORKINGTON, CA14 4JN  
Telephone 01946 839300

Kendal College  
Milnthorpe Road  
KENDAL, LA9 5AY  
Telephone 01539 814700

Furness College  
Channelside  
BARROW IN FURNESS, LA14 2PJ  
Telephone 01229 825017

## **COUNTY OF CUMBRIA**

### **EDUCATION SERVICES**

#### **Careers**

Connexions Cumbria  
Claire Willett  
124 Highgate  
KENDAL, LA9 4HE  
Telephone 01539 730045

Connexions Cumbria  
Claire Willett  
237 – 241 Dalton Road  
BARROW IN FURNESS, LA14 1PQ  
Telephone 01229 824052

Connexions Cumbria  
Michael Priestly  
213 Vulcans Lane  
WORKINGTON, CA14 2BT  
Telephone 01900 604674

Connexions Cumbria  
Michael Priestly  
Roper Street  
WHITEHAVEN, CA28 7AR  
Telephone 01946 695541

## **COUNTY OF CUMBRIA**

### **MEDICAL SERVICES**

Keswick Community Hospital

KESWICK, CA12 5PH

Telephone 01768 767000 or 01228 814791 Cumberland  
Infirmery

L.V.A. Clinic provided by Orthoptist:

Linda Beattie Tuesday pm

Penrith Hospital

Bridge Lane

PENRITH, CA11 8HX

Telephone 01768 245300 or 01228 814791 Cumberland  
Infirmery

L.V.A. Clinics are provided by Orthoptist:

Linda Beattie Friday pm

### **East Cumbria**

L.V.A. Clinic

Ophthalmology Department

Yellow Zone

Cumberland Infirmery

CARLISLE, CA2 7HY

Telephone 01228 814791 (direct line)

L.V.A. Clinics are provided by Orthoptist:

Susan Armstrong – Monday am

Carol Telford – Thursday am

## **COUNTY OF CUMBRIA**

### **MEDICAL SERVICES**

#### **West Cumbria**

West Cumbria provides services for patients from Cockermouth, Millom, Workington, Whitehaven and surroundings.

Clinics are every second week in Whitehaven.

Ophthalmic Dept.

West Cumberland Hospital

WHITEHAVEN, CA28 8JG

Telephone 01946 693181 ext. 4069

#### **Ophthalmic Clinics**

Monday to Friday am/pm

Workington Community Hospital

Park Lane

WORKINGTON CA14 2RW

Telephone 01900 705000

#### **L.V.A Clinic**

Provided by Miss Jenny Porter

## **COUNTY OF CUMBRIA**

### **MEDICAL SERVICES**

#### **South Cumbria**

Furness General Hospital  
Dalton Lane  
BARROW IN FURNESS, LA14 4LF  
Telephone            01229 870870

#### Days of eye clinics:

Twice daily except for Wednesday pm & 1<sup>st</sup> Thursday monthly pm.

#### L.V.A. Clinic

Mr. G. Smith last Thursday each month.

Westmorland General Hospital  
Burton Road  
KENDAL,            LA9 7RG  
Telephone            01539 732288 ext: 5624

#### Days of eye clinics:

Monday	all day	Mr. Moate
Tuesday	am	Mr. Ozuzu
Tuesday	pm	Mr. Khanna
Wednesday	pm	Mrs. Shrimpton
Thursday	all day	Mr. Khadem
Friday	am	Miss. Lyness
Friday	pm	Mr. Nabili

## **COUNTY OF CUMBRIA**

### **SOCIAL SERVICES**

#### Carlisle District

Jayne Conner

Rehabilitation Officer for the Visually Impaired

Adult & Cultural Services

Civic Centre

CARLISLE, CA3 8QG

Telephone 01228 227000

#### Allerdale & Copeland Districts

Claire McCulloch & Carol Hopcroft

Rehabilitation Officer's for the Visually Impaired

Adult & Cultural Services

Unit 1A

Lakeland Business Park

COCKERMOUTH, CA13 0QT

Telephone 01900 325828

#### Eden District

Karen Priestley

Rehabilitation Officer for the Visually Impaired

Adult & Cultural Services

19 - 24 Friargate

PENRITH, CA11 7NX

Telephone 01768 812234

## **COUNTY OF CUMBRIA**

### **SOCIAL SERVICES**

#### Barrow

Mrs. Boo Comben

Rehabilitation Officer for the Visually Impaired

Adult & Cultural Services

Physical Disabilities & Sensory Impairment Team

The West Wing

Priory Grove

Friars Lane

BARROW IN FURNESS, LA13 9NP

Telephone 01229 894894 Fax 01229 894499

Telephone contact via Mrs. Tracey Pegg between 1:30 and 5:00pm on  
Tuesdays and Thursdays

Email boo.comben@cumbriacc.gov.uk

#### South Lakeland District

Martin Ikast

Rehabilitation Officer for the Visually Impaired

Cumbria County Council

Adult and Cultural Services

PDSI Team

Whinfell Office

Longpool

KENDAL, LA9 6ER

Telephone: 01539 773300

## **COUNTY OF CUMBRIA**

### **VOLUNTARY SERVICES**

Barrow & Districts Society for the Blind Ltd.

Company Secretary: Mr. W. Proctor

67/69 Cavendish Street

BARROW IN FURNESS, LA14 1QD

Telephone 01229 820698 Fax 01229 826064

Email [info@barrowblindsociety.org.uk](mailto:info@barrowblindsociety.org.uk)

Website [www.barrowblindsociety.org.uk](http://www.barrowblindsociety.org.uk)

Service's provided include:

Advice & information

Craft groups

Provision of Aids, e.g. talking watches, etc.

Social & leisure activities

Social work support

Talking newspaper - see Page 17

South West Cumbria Newstape

Residential care, respite and day care in the Society's residential home

*Ostley House, Home for the Blind*

Carlisle Society for the Blind

Secretary: Mrs. A. Robson

Open: Wednesday, Thursday and Friday 11:00am – 3:00pm

9, Brunswick Street

CARLISLE, CA1 1PB

Telephone 01228 593104

Eden Voluntary Society for the Blind and Partially Sighted

Honorary Secretary: Julia Walsh

Open: Tuesday 11:00am - 3:00pm

1 Mostyn Hall

Friargate

PENRITH, CA11 7XR

Telephone 01768 891724

## **COUNTY OF CUMBRIA**

### **VOLUNTARY SERVICES**

South Lakes Society for the Blind  
Resources and Project Development Officer:  
Margaret McClure  
Stricklandgate House  
92 Stricklandgate  
KENDAL, LA9 4PU  
Telephone 01539 742633  
Email [info@slsb.org.uk](mailto:info@slsb.org.uk)

Sight Advice Centre. Outreach Service.  
Weekly classes in Keep Fit, Handicrafts, Bowling, Swimming.  
Monthly support and discussion groups in Ambleside, Arnside, Kendal,  
Kirby Lonsdale, Milnthorpe, Sedburgh and Windermere.

Action for Blind People  
Action Team Carlisle  
Employment & Development Team Manager: Samantha Dawson  
Suite 2  
2<sup>nd</sup> Floor  
English Gate Plaza  
Botchaergate  
CARLISLE, CA1 1RP  
Telephone 01228 595121 Fax 01228 595089  
Email [carlisle@actionforblindpeople.org.uk](mailto:carlisle@actionforblindpeople.org.uk)  
Website [www.actionforblindpeople.org.uk](http://www.actionforblindpeople.org.uk)

West Cumbria Society for the Blind  
22 Lowther Street  
WHITEHAVEN, CA28 7DG  
Telephone 01946 592474

## **COUNTY OF CUMBRIA**

### **VOLUNTARY SERVICES**

#### Talking Newspapers

Carlisle Talking Newspaper

PO Box 84

CARLISLE, CA3 8UT

Telephone 01228 511133 (answer phone)

Eden District Talking Newspaper

Mr. Ian Edgar

8 Alder Road

High Carleton

PENRITH, CA11 8TT

Telephone 01768 865757

Copeland Talking Newspaper

Mr. Robert Wright

57 Thornton Road

WHITEHAVEN CA28 6UP

Telephone 01946 61140

South Lakes Talking Newspaper

Bruce Carnaffin (Chairperson)

16 Colin Hill

KENDAL, LA9 5TA

Telephone 01539 720172

Email [bruce.carnaffin@gmail.com](mailto:bruce.carnaffin@gmail.com)

South West Cumbrian Newstape

67/69 Cavendish Street

BARROW IN FURNESS, LA14 1QD

Telephone 01229 820698 Fax 01229 826064